

# BALLINA RSL CLUB LTD.

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## SMOKE-FREE POLICY

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**Effective Date:** 2 July 2007  
**Review Date:** 3 December 2007



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## Policy Statement

The **Ballina RSL Club Ltd Smoke-Free Policy** provides for a healthy, smoke-free environment at all Ballina RSL Club facilities. The policy applies to all people within Ballina RSL Club facilities including employees, clients, contractors, members and visitors. This policy comes into effect as of 2nd July 2007.

## Purpose

The aim of the Ballina RSL Club Smoke Free Policy is in compliance with the Smoke-Free Environment (Amendment) Act 2004 so as to provide a smoke free environment for non-smokers and a pleasant, cleaner environment for all. The specific goals of the policy are to:

- Reduce the health risks associated with smoking and exposure to environmental tobacco smoke (ETS).
- Provide a healthier, cleaner and safer work environment.
- Decrease the potential risk of litigation associated with discomfort or disease caused by environmental tobacco smoke in the workplace, thus avoid the potential costs associated with litigation.

## Rationale

Ballina RSL Club has a key role in the promotion of healthy lifestyles and practices and should be a public example of a healthy and progressive organisation.

Ballina RSL Club recognises that passive smoking, which is exposure to ETS, can have detrimental health effects for non-smokers.

Ballina RSL Club has an obligation under the Occupational Health and Safety Act 1985, Section 21 *“To provide and maintain so far as is practicable for employees a working environment that is safe and without risks to health”*.

## Scope

The Policy applies to all Ballina RSL Club facilities including buildings, vehicles and outdoor areas within Ballina RSL Club, RSL Bowling Club and Tamar Village Meats boundaries.

The policy applies to all people within Ballina RSL Club facilities including employees, clients, contractors, members and visitors.

## Policy Education

Multiple modes of communication will be utilised leading up to 2<sup>nd</sup> July 2007 to increase awareness of the policy amongst Ballina RSL Club staff, members and visitors. Post 2nd July 2007, the following modes of communication will ensure ongoing awareness:

1. Information displays at all properties,
2. Members and visitors FAQ's,
3. Club website feature and
4. Smoking brochures and “Quit” kits

## Cessation Support

As Ballina RSL Club's primary concern is with health promotion, the organisation will be pro-active in encouraging and supporting staff and members who wish to reduce or stop smoking.

Ballina RSL Club recognises the benefits as well as the difficulties of introducing a Smoke Free Policy and is supportive of all persons wishing to reduce or quit smoking.

Quitline brochures and Kits will be available for members and staff within the Club.

## Policy Compliance

Policy compliance will be facilitated through education, publicity, widespread promotion and reiteration of the policy. Breaches to the smoke-free policy will result in non compliance measures, administered by the Board of Directors and Club Management.

## Policy Outcomes

Anticipated outcomes of the Ballina RSL Club Smoke Free Policy are as follows:

- Provision of cleaner air for all people at Ballina RSL Club sites.
- Widespread awareness of the policy purpose and rationale.
- Widespread awareness of available cessation support and assistance.
- Encouragement for members who smoke to reduce or quit smoking, by offering cessation support and assistance.
- Promotion of Ballina RSL Club as a leading example of a healthy and progressive organisation.